**Stage 1 Physical Education**

**Assessment Type 1: Performance Improvement**

**Communication and Collaboration Analysis task**

**Task Background**

Communication in a sporting context refers to the inter-personal communication (both verbal and non-verbal) between players, coaches, assistants and referees. Communication is an important aspect of effective collaboration, which is an essential requirement in the functioning of a successful team.

**Description of Assessment**

Through participation in a Volleyball unit, you explore your own, and others, skills in communication and collaboration.

You gather evidence of communication and collaboration, which may include:

* Types of communication
* Organisation strategies
* Types of feedback
* Active listening
* Effectiveness of communication

**Response Requirements**

Your response is an analysis of the impact of communication and collaboration on the performance of both individuals and the team. Your response should incorporate evidence collected during the Volleyball unit of:

* your own communication and collaboration skills
* strategies you have implemented to improve your skills and reflection on the outcome of these changes.

The response should be a maximum of 9 minutes for an oral or multimodal presentation. For a written response, the evidence presented should be a maximum of 1500 words.

**Assessment**

The specific features assessed in this task are:

**A1** Application of knowledge and understanding to movement concepts and strategies

**AC2** Application of collaborative skills

**A3** Communication using subject-specific terminology

**EAR3** Reflection on and application of feedback to improve participation and or performance.

**Stage 1 Physical Education Performance Standards**

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| - | Application | Exploration, Analysis, and Reflection |
| A | Astute and highly effective application of knowledge and understanding to movement concepts and strategies.Focused and sustained application of collaborative skills.Highly effective use of accurate subject-specific terminology. | Focused exploration and in-depth analysis of evidence relating to physical activity.Insightful reflection on movement concepts and strategies.Insightful reflection on ways to improve participation and/or performance. |
| B | Effective application of knowledge and understanding to movement concepts and strategies.Mostly thorough and sustained application of collaborative skills.Effective use of accurate subject-specific terminology. | Thorough exploration and some depth of analysis of evidence relating to physical activity.Well-considered reflection on movement concepts and strategies with some insights.Well-considered reflection on ways to improve participation and/or performance. |
| C | Generally effective application of knowledge and understanding to movement concepts and strategies.Competent application of collaborative skills.Generally effective use of subject-specific terminology with some accuracy. | Generally competent exploration and analysis of evidence relating to physical activity.Considered reflection on movement concepts and strategies.Considered reflection on ways to improve participation and/or performance. |
| D | Some application of knowledge and understanding to movement concepts and strategies.Some application of collaborative skills.Some use of subject-specific terminology. | Some exploration and analysis of evidence relating to physical activity.Some reflection on movement concepts and strategies.Some reflection on ways to improve participation and/or performance. |
| E | Attempted application of knowledge and understanding to movement concepts and strategies.Attempted application of collaborative skills.Attempted use of subject-specific terminology. | Attempted exploration and analysis of evidence relating to physical activity.Attempted reflection on movement concepts and strategies. Attempted reflection on ways to improve participation and/or performance. |

**Teacher comment:**  **Assessment Grade:**

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