Stage 2 Health

Assessment Type 1: Group Investigation and Presentation

Purpose:

To identify and evaluate the effectiveness of a health promoting strategy in maintaining and/or improving the wellbeing of adolescents, plan and implement a health promoting strategy or social action to a sub-population at the High School community.

Description of Assessment:

This assessment consists of two parts, a group investigation and presentation, and an individual discussion.

*Part 1: Group Investigation and Presentation*

1. As a group, select a contemporary health issue associated with a topic of study, and then investigate the impact of the issue on the health and well-being of adolescents.

Possible health concerns that can generate health issues include:

* stress management
* fitness
* cyber safety
* use of drugs
* body image.

1. Gather relevant information from a variety of primary and secondary sources such as observations, interviews, surveys, information from health agencies, print and/or electronic sources. Relevant community agencies and/or health professionals are also a helpful source of information.
2. As a group, evaluate the effectiveness of an appropriate health-promoting strategy in maintaining or improving the health and well-being of adolescents, relevant to your selected issue.
3. As a group, plan, research, and present your Idea for a health-promoting activity orsocial action to an audience. The presentation will be recorded.
4. Present your findings to your target audience, relating the impact of the health issue, your findings, and the health-promoting strategies developed. Evaluate the Influence of existing health promoting activities and the role at the community agencies that you accessed.

*Part 2: Individual Discussion*

Individually present evidence of a discussion related to the group investigation and presentation. This must include:

* evidence of your participation and collaboration in the group planning and presentation (e.g. a verification feedback sheet, a video, audio tapes, or photographs)
* a personal reflection describing your preparation
* an evaluation of the researched information
* an evaluation of the factors that contributed to the effectiveness of the group exercise
* an evaluation of working in the group
* an evaluation of the health-promoting activity or recommended social action.

Assessment Conditions

The activity may take a variety of forms, such as workshops, debate, mime, or display, and can include print and multi-media technologies. The audience may be teacher and/or the class, or another group.

The individual discussion is presented in written, oral or multimodal form.