**Stage 1 Health and Wellbeing**

AT1 Practical Action – Collaborative: Sexual Health (30%)

**Draft Due:**

**Due Date:**

Presentations:

Individual Reflection:

**Purpose:**

Students research and analyse the effectiveness of a health-promoting strategy in maintaining and/or improving the well-being of adolescents regarding a sexual health topic of choice. Students work collaboratively to plan, organise and present a multimedia (PowerPoint, Prezi, Photo Story, video, blog etc.) presentation to the class.

**Description of assessment**:

This assessment consists of two parts, a group investigation and presentation, and an individual reflection with an in depth analysis of the health trends and health promoting activity.

***Part 1: Group Presentation*** *(5 minute maximum.* This can be in the form a multimodal presentation (PowerPoint, Prezi, Photo Story, video, blog etc.).

1. As a group, work collaboratively in small groups to present a Photo Story/PowerPoint/video to the class on ways to define health and possible ways to achieving positive sexual health and general wellbeing for adolescents.
2. Identify and understand influences on personal and community health.
3. Evaluate personal and social actions that compromise health and wellbeing outcomes in your chosen topic.
4. Evaluate personal and social actions that improve health and wellbeing outcomes in your chosen topic.

Possible sexual health topics for investigation and promotion/awareness:

* Sexualisation of women in the media
* Gender Power
* Contraception
* STIs
* Teen pregnancy
* Unrealistic expectations of sex
* Consent and peer pressure
* Relationships
* Sexuality and identity
* Negotiated topic with teacher

***Part 2: Individual Reflection*** 170 words

After the group activity, individually reflect on changes your personal attitudes and values in relation to the health issue and trends in individual, local or global contexts.

**Assessment Conditions:**

A practical action task should be a maximum of 1000 words if written or a maximum of 6 minutes if oral, or in multimodal form.

**Assessment Design criteria:**

**Critical Thinking -CT1** - Exploration and understanding of health and wellbeing trends and issues.

**Application- AP1**- Application of health and wellbeing concepts to contemporary issues.

**Reflective Practice – RP1-** Personal reflection on health and wellbeing trends and issues in individual, local, or global contexts.

**RP2**- Evaluation of personal and social action through reflective practice.