**Stage 2 Physical Education - Individual Performance Checklist**

**VOLLEYBALL**

**This document is intended to provide support for teachers in identifying skills in the sport of Volleyball, and the level to which a student may be expected to display these particular skills at each of the grade bands. This list is not prescriptive or exhaustive. When determining the grade for Assessment Type 1: Practical, the performance standards must be used. Evidence of achievement must be provided on the practical specific skills criteria document for Volleyball for submission at onsite moderation.**

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| **GRADE BAND** | **PSA 1 and PSA 2** | **IC 1** | **IC 2** |
|  | **Individual Offence**  | **Individual Defence** | **Team Offence**  | **Team Defence** | **Initiative and Leadership** | **Collaboration - general contribution** |
| **A** | * Serve using an overhand technique, displaying a high proficiency in:
	+ Range of different serves
	+ Power, placement & control
	+ Ability to identify and exploit opposition weaknesses
* Highly proficient in setting the ball displaying ‘touch’, control and placement (in front & behind).
* Moves quickly into position to set ball – balanced upon receiving ball.
* Sets the ball with high proficiency in accuracy and appropriate height to optimise spiking opportunities.
* Highly proficient at spiking the ball with power and control, using efficient and correct technique
* On a spike, can position ball with high proficiency to various parts of the court – down line, cross court, dump, off the block
* Court movement is dynamic and explosive
* Identifies and exploits opposition weaknesses all of the time
 | * Moves fluently and precisely to receive serve.
* Highly proficient in receiving serve with control and consistency – able to pass with good technique to designated targets on court.
* Highly proficient in passing with appropriate trajectory and direction to the appropriate setter.
* Reads the game with a high level of proficiency.
* Highly proficient in executing appropriate and correct technique of blocking, incorporating correct timing.
* Moves quickly and effectively to block in response to position of the set.
* Highly proficient in establishing a double-block when appropriate.
* Highly proficient in receiving and attacking with control and consistency – able to pass with good technique to designated targets on court.
* Covers the court with high proficiency in response to an attack, turning defence into attack.
* Makes excellent decisions to turn defence into attack.
* Highly proficient in moving to appropriate defensive position in a variety of different ways.
 | * Highly proficient at reading the game and communicating this to teammates
* Highly proficient at identifying and implementing a variety of attacking formations when appropriate.
* Highly proficient in initiating attacking plans.
* Highly proficient in using control, power and finesse to the benefit of the team.
* Demonstrates a high level of fitness and concentration resulting in few errors
* Highly proficient in identifying and exploiting weaknesses in opposition teams.
* Demonstrates high proficiency in anticipation and establishes excellent position ‘off the ball’.
 | * Highly proficient in adapting quickly to a defensive formation when required and communicating with teammates
* Highly proficient at identifying and responding to opposition offensive strategies
* Highly proficient at initiating and communicating correct defensive strategies/formations with teammates
* Demonstrates high proficiency in anticipation and establishes excellent position ‘off the ball’ in reaction to opposition offensive play.
* Highly proficient in controlling the ball with accuracy off forceful opposition serves and attacking plays.
 | * Proactively demonstrates initiative and self-reliance during all practical activities
* Follows through all set tasks
* Proactively initiates warm up activities
* Proactively displays leadership by assisting others during practice activities and game scenarios
* Demonstrates a high degree of game strategy by proactively initiating tactics effectively in games
* Proactive in exposing weaknesses in opposition defensively and offensively
 | * Constructive, confident and positive in all interactions with all players
* Works collaboratively to improve individual and team performance at all times
* Demonstrates respect for officials and an understanding of rules at all times
* Contributes significantly to positive morale and team spirit and is proactive in initiating this
* Displays perseverance and determination consistently
* Maintains concentration and effort during all lessons
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| **B** | * Serve using an overhand technique, displaying some proficiency in:
	+ Power, placement & control
	+ Ability to identify and exploit opposition weaknesses at times
* Proficient in setting the ball displaying ‘touch’, control and placement (in front & behind) most of the time.
* Sets the ball with a proficient degree of accuracy and appropriate height to optimise spiking opportunities. Can at times, misplace the set.
* Proficient at spiking the ball with power and control, using efficient and correct technique
* Generally proficient at spiking the ball in the same manner and to the same part of the court, on the majority of occasions.
* Proficient court movement
* Identifies and exploits opposition weaknesses on most occasions
 | * Moves fluently and precisely to receive serve on most occasions
* Proficient in receiving serve with control and consistency – able to pass with sound technique to designated targets on court, most of the time.
* Passes ball proficiently with trajectory and direction to the appropriate setter most of the time.
* Proficiently executes appropriate and correct technique of blocking most of the time. Some occasional timing issues.
* Moves proficiently to block in response to position of the set most of the time
* Proficient in establishing a double-block when appropriate, most of the time
* Proficient in receiving and attacking with control and consistency – able to pass with sound technique to designated targets on court most of the time.
* Covers the court proficiently in response to an attack, sometimes turning defence into attack.
* Proficient in moving to establish an appropriate defensive position, most of the time.
 | * Proficient at reading the game and communicating this to teammates most of the time.
* Proficient at identifying and implementing a variety of attacking formations when appropriate.
* Proficient in initiating attacking plans most of the time
* Proficient in using control, power and finesse to the benefit of the team most of the time.
* Demonstrates a proficient level of fitness and concentration, however, more errors are evident as fatigue sets in.
* Proficient in identifying and exploiting weaknesses in opposition teams, most of the time
* Demonstrates proficiency in anticipation and establishes good position ‘off the ball’, on most occasions
 | * Proficient in adapting quickly to a defensive formation when required and communicating with teammates
* Proficient at identifying and responding to opposition offensive strategies on most occasions
* Proficient at initiating and communicating correct defensive strategies/formations with teammates on most occasions
* Demonstrates proficiency in anticipation and establishes good position ‘off the ball’ in reaction to opposition offensive play most of the time
* Proficiently controls the ball with accuracy off forceful opposition serves and attacking plays most of the time.
 | * Actively demonstrates initiative and self-reliance during most practical activities
* Follows through most set tasks
* Actively initiates some warm up activities
* Actively displays leadership by assisting others during practice activities and game scenarios on most occasions
* Demonstrates game strategy by actively initiating tactics with some effectiveness in games
* Active in exposing weaknesses in opposition
 | * Confident and positive interactions with all players
* Works collaboratively on most occasions to improve individual and team performance
* Demonstrates respect for officials and an understanding of rules at most times
* Contributes to positive morale and team spirit and is active in initiating this
* Displays perseverance and determination on most occasions
* Maintains concentration and effort during most lessons
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| **C** | * Competently performs an underarm serve with consistency. Attempts overarm serves with some success.
* Competent in setting the ball displaying some ‘touch’, control and placement some of the time
* Setting lacking some consistency in placement and technique
* Competent spiking action is demonstrated, however, it lacks power. Player struggles to elevate above net height and sometimes takes off from a stationary position and/or off one foot.
* Court movement is competent but reactive. Balls travelling with power often ‘catch out’ player who is still moving and unbalanced.
* Player performs their role, but is often passive in exploiting weaknesses in opposition players.
 | * Competently controls/passes the ball upon returning serve where minimal movement in re-positioning is required.
* Demonstrates a competent passing action which is balanced and in control, some of the time.
* Competently executes passes to setter with appropriate trajectory and accuracy some of the time.
* Competently attempts to block with appropriate technique, however, lacks timing and consistency in identifying when to block.
* Competently receives some attacks with some control to keep team ‘in rally’, however, focus is usually keeping ball in play, rather than turning defence into attack.
* Competently covers the court on an attack by defending ones defined space, however does so reactively, with only minimal adjustment of position compared to the opposition attack.
 | * Competent at reading the game i.e. can cover space and communicate position with teammates.
* Competent at implementing a variety of attacking formations when appropriate but requires instruction from teammates.
* Competent in contributing to attacking plans but doesn’t generally initiate them.
* Can competently control the ball most of the time but often lacks power and/or finesse.
* Fitness is competent but skill level deteriorates as fatigue is increasingly evident.
* Sometimes identifies weaknesses in opposition.
 | * Competently adapts to a defensive formation when prompted and sometimes communicates this effectively with other teammates
* Competently identifies and responds to opposition offensive strategies at times
* Competently communicates correct defensive strategies/formations with teammates
* Competently anticipates opposition offensive play at times, establishing sound position off the ball
* Competently controls the ball with some accuracy off forceful opposition serves and attacking plays some of the time.
 | * Generally demonstrates of initiative and self-reliance in most practical activities
* Follows through some set tasks but can be distracted by others at times
* Participates actively in warm up activities
* Displays some contribution to leadership at times during practice activities and game scenarios
* Demonstrates some game strategy by initiating tactics with limited effectiveness on occasions in games
* Generally effective attempts to expose weaknesses in opposition
 | * Appropriate and positive interactions with most players with limited need of guidance
* Works collaboratively on some occasions to improve individual and team performance
* Demonstrates respect for officials and an understanding of rules at most times, with need for guidance occasionally
* Contributes to positive morale and team spirit in a generally effective manner
* Displays perseverance and determination on some occasions, with some need for increased effort and application to improve skill performance
* Maintains concentration and effort during lessons generally, but can lose focus
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| **D** | * Some competence in a basic underarm serve.
* Some competence in setting the ball but technique is inconsistent - fluency (disjointed) and touch (makes a significant slapping noise on contact), fingers and elbows forward.
* Setting is inconsistent in trajectory and lacks direction on most occasions.
* Some competence in a spiking action is demonstrated, but it lacks power and is technically inefficient in numerous ways.
* Court movement is minimal. Ball is only struck by player if it goes directly to them.
* Player is passive during game play.
 | * Some competency when controlling/passing the ball upon returning serve on occasions – however, often unbalanced, bent, swinging arms
* Some competency in passing to setter with appropriate trajectory and accuracy, on occasions.
* Some competence when attempting to block with appropriate technique on occasions.
* Rarely receives attacks with any control to keep team ‘in rally’.
* Some competence in covering the court by occupying space. Does not adjust position in response to opposition.
 | * Some competence reading plays but purely reactive (i.e. only if ball comes directly at player)
* Some competence at implementing an attacking formation when appropriate but requires significant instruction from teammates.
* Some competence controlling the ball on occasions but consistently lacks power and/or finesse.
* Fitness is indifferent and skill level deteriorates significantly as fatigue is increasingly evident.
* Occasionally identifies weaknesses in opposition.
 | * Some competence in adapting to a defensive formation when prompted.
* Some competence in responding only to opposition offensive strategies. Player simply performs a defensive role of covering minimal positional space.
* Some competence in communicating defensive strategies/formations with teammates on occasions
* On occasions, some basic competency in keeping the ball in play off forceful opposition serves and attacking plays
 | * Occasionally demonstrates initiative and self-reliance in practical activities
* Follows through some set tasks at times but is easily distracted and can affect the performance of others
* Participates at times in warm up activities
* Follows leadership of others during practice activities and game scenarios
* Follows tactics initiated by others with some effectiveness
* Occasionally identifies weaknesses in opposition with limited success in exploiting the identified area
 | * Some appropriate and positive interactions with peers with regular guidance
* Works collaboratively with others occasionally
* Occasionally demonstrates respect for officials and an understanding of rules, with need for guidance required frequently
* Contributes to the development of positive morale and team spirit occasionally
* Displays of perseverance and determination are limited, affecting overall skill performance
* Maintains concentration and effort during lessons occasionally, with loss of focus affecting skill development
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| **E** | * Limited ability to serve, pass, set and spike
* Limited awareness of positional play
* Limited involvement in game play, court formations and strategies
 | * Limited defensive skills
* Limited defensive decision making, resulting in consistently out of position and/or exposed
* Limited court movement
 | * Limited control of the ball
* Limited involvement in team attacking formations and offensive plays
* Limited ability to read the play
* Limited fitness and concentration
 | * Limited communication with teammates
* Limited contribution to defensive strategies and formations
* Unable to adapt to a defensive formation when prompted.
* Limited ability to keep the ball ‘alive’ during rallies and off a serve
 | * Limited leadership demonstrated and limited recognition of weaknesses in opposition
* Limited participation in most activities
* Limited initiative during activities
 | * Limited perseverance and determination in all activities
* Limited engagement in team morale and spirit
* Limited concentration
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