**Stage 2 Physical Education - Individual Performance Checklist**

**VOLLEYBALL**

**This document is intended to provide support for teachers in identifying skills in the sport of Volleyball, and the level to which a student may be expected to display these particular skills at each of the grade bands. This list is not prescriptive or exhaustive. When determining the grade for Assessment Type 1: Practical, the performance standards must be used. Evidence of achievement must be provided on the practical specific skills criteria document for Volleyball for submission at onsite moderation.**

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| **GRADE BAND** | **PSA 1 and PSA 2** | | | | **IC 1** | **IC 2** |
|  | **Individual Offence** | **Individual Defence** | **Team Offence** | **Team Defence** | **Initiative and Leadership** | **Collaboration - general contribution** |
| **A** | * Serve using an overhand technique, displaying a high proficiency in:   + Range of different serves   + Power, placement & control   + Ability to identify and exploit opposition weaknesses * Highly proficient in setting the ball displaying ‘touch’, control and placement (in front & behind). * Moves quickly into position to set ball – balanced upon receiving ball. * Sets the ball with high proficiency in accuracy and appropriate height to optimise spiking opportunities. * Highly proficient at spiking the ball with power and control, using efficient and correct technique * On a spike, can position ball with high proficiency to various parts of the court – down line, cross court, dump, off the block * Court movement is dynamic and explosive * Identifies and exploits opposition weaknesses all of the time | * Moves fluently and precisely to receive serve. * Highly proficient in receiving serve with control and consistency – able to pass with good technique to designated targets on court. * Highly proficient in passing with appropriate trajectory and direction to the appropriate setter. * Reads the game with a high level of proficiency. * Highly proficient in executing appropriate and correct technique of blocking, incorporating correct timing. * Moves quickly and effectively to block in response to position of the set. * Highly proficient in establishing a double-block when appropriate. * Highly proficient in receiving and attacking with control and consistency – able to pass with good technique to designated targets on court. * Covers the court with high proficiency in response to an attack, turning defence into attack. * Makes excellent decisions to turn defence into attack. * Highly proficient in moving to appropriate defensive position in a variety of different ways. | * Highly proficient at reading the game and communicating this to teammates * Highly proficient at identifying and implementing a variety of attacking formations when appropriate. * Highly proficient in initiating attacking plans. * Highly proficient in using control, power and finesse to the benefit of the team. * Demonstrates a high level of fitness and concentration resulting in few errors * Highly proficient in identifying and exploiting weaknesses in opposition teams. * Demonstrates high proficiency in anticipation and establishes excellent position ‘off the ball’. | * Highly proficient in adapting quickly to a defensive formation when required and communicating with teammates * Highly proficient at identifying and responding to opposition offensive strategies * Highly proficient at initiating and communicating correct defensive strategies/formations with teammates * Demonstrates high proficiency in anticipation and establishes excellent position ‘off the ball’ in reaction to opposition offensive play. * Highly proficient in controlling the ball with accuracy off forceful opposition serves and attacking plays. | * Proactively demonstrates initiative and self-reliance during all practical activities * Follows through all set tasks * Proactively initiates warm up activities * Proactively displays leadership by assisting others during practice activities and game scenarios * Demonstrates a high degree of game strategy by proactively initiating tactics effectively in games * Proactive in exposing weaknesses in opposition defensively and offensively | * Constructive, confident and positive in all interactions with all players * Works collaboratively to improve individual and team performance at all times * Demonstrates respect for officials and an understanding of rules at all times * Contributes significantly to positive morale and team spirit and is proactive in initiating this * Displays perseverance and determination consistently * Maintains concentration and effort during all lessons |
| **B** | * Serve using an overhand technique, displaying some proficiency in:   + Power, placement & control   + Ability to identify and exploit opposition weaknesses at times * Proficient in setting the ball displaying ‘touch’, control and placement (in front & behind) most of the time. * Sets the ball with a proficient degree of accuracy and appropriate height to optimise spiking opportunities. Can at times, misplace the set. * Proficient at spiking the ball with power and control, using efficient and correct technique * Generally proficient at spiking the ball in the same manner and to the same part of the court, on the majority of occasions. * Proficient court movement * Identifies and exploits opposition weaknesses on most occasions | * Moves fluently and precisely to receive serve on most occasions * Proficient in receiving serve with control and consistency – able to pass with sound technique to designated targets on court, most of the time. * Passes ball proficiently with trajectory and direction to the appropriate setter most of the time. * Proficiently executes appropriate and correct technique of blocking most of the time. Some occasional timing issues. * Moves proficiently to block in response to position of the set most of the time * Proficient in establishing a double-block when appropriate, most of the time * Proficient in receiving and attacking with control and consistency – able to pass with sound technique to designated targets on court most of the time. * Covers the court proficiently in response to an attack, sometimes turning defence into attack. * Proficient in moving to establish an appropriate defensive position, most of the time. | * Proficient at reading the game and communicating this to teammates most of the time. * Proficient at identifying and implementing a variety of attacking formations when appropriate. * Proficient in initiating attacking plans most of the time * Proficient in using control, power and finesse to the benefit of the team most of the time. * Demonstrates a proficient level of fitness and concentration, however, more errors are evident as fatigue sets in. * Proficient in identifying and exploiting weaknesses in opposition teams, most of the time * Demonstrates proficiency in anticipation and establishes good position ‘off the ball’, on most occasions | * Proficient in adapting quickly to a defensive formation when required and communicating with teammates * Proficient at identifying and responding to opposition offensive strategies on most occasions * Proficient at initiating and communicating correct defensive strategies/formations with teammates on most occasions * Demonstrates proficiency in anticipation and establishes good position ‘off the ball’ in reaction to opposition offensive play most of the time * Proficiently controls the ball with accuracy off forceful opposition serves and attacking plays most of the time. | * Actively demonstrates initiative and self-reliance during most practical activities * Follows through most set tasks * Actively initiates some warm up activities * Actively displays leadership by assisting others during practice activities and game scenarios on most occasions * Demonstrates game strategy by actively initiating tactics with some effectiveness in games * Active in exposing weaknesses in opposition | * Confident and positive interactions with all players * Works collaboratively on most occasions to improve individual and team performance * Demonstrates respect for officials and an understanding of rules at most times * Contributes to positive morale and team spirit and is active in initiating this * Displays perseverance and determination on most occasions * Maintains concentration and effort during most lessons |
| **C** | * Competently performs an underarm serve with consistency. Attempts overarm serves with some success. * Competent in setting the ball displaying some ‘touch’, control and placement some of the time * Setting lacking some consistency in placement and technique * Competent spiking action is demonstrated, however, it lacks power. Player struggles to elevate above net height and sometimes takes off from a stationary position and/or off one foot. * Court movement is competent but reactive. Balls travelling with power often ‘catch out’ player who is still moving and unbalanced. * Player performs their role, but is often passive in exploiting weaknesses in opposition players. | * Competently controls/passes the ball upon returning serve where minimal movement in re-positioning is required. * Demonstrates a competent passing action which is balanced and in control, some of the time. * Competently executes passes to setter with appropriate trajectory and accuracy some of the time. * Competently attempts to block with appropriate technique, however, lacks timing and consistency in identifying when to block. * Competently receives some attacks with some control to keep team ‘in rally’, however, focus is usually keeping ball in play, rather than turning defence into attack. * Competently covers the court on an attack by defending ones defined space, however does so reactively, with only minimal adjustment of position compared to the opposition attack. | * Competent at reading the game i.e. can cover space and communicate position with teammates. * Competent at implementing a variety of attacking formations when appropriate but requires instruction from teammates. * Competent in contributing to attacking plans but doesn’t generally initiate them. * Can competently control the ball most of the time but often lacks power and/or finesse. * Fitness is competent but skill level deteriorates as fatigue is increasingly evident. * Sometimes identifies weaknesses in opposition. | * Competently adapts to a defensive formation when prompted and sometimes communicates this effectively with other teammates * Competently identifies and responds to opposition offensive strategies at times * Competently communicates correct defensive strategies/formations with teammates * Competently anticipates opposition offensive play at times, establishing sound position off the ball * Competently controls the ball with some accuracy off forceful opposition serves and attacking plays some of the time. | * Generally demonstrates of initiative and self-reliance in most practical activities * Follows through some set tasks but can be distracted by others at times * Participates actively in warm up activities * Displays some contribution to leadership at times during practice activities and game scenarios * Demonstrates some game strategy by initiating tactics with limited effectiveness on occasions in games * Generally effective attempts to expose weaknesses in opposition | * Appropriate and positive interactions with most players with limited need of guidance * Works collaboratively on some occasions to improve individual and team performance * Demonstrates respect for officials and an understanding of rules at most times, with need for guidance occasionally * Contributes to positive morale and team spirit in a generally effective manner * Displays perseverance and determination on some occasions, with some need for increased effort and application to improve skill performance * Maintains concentration and effort during lessons generally, but can lose focus |
| **D** | * Some competence in a basic underarm serve. * Some competence in setting the ball but technique is inconsistent - fluency (disjointed) and touch (makes a significant slapping noise on contact), fingers and elbows forward. * Setting is inconsistent in trajectory and lacks direction on most occasions. * Some competence in a spiking action is demonstrated, but it lacks power and is technically inefficient in numerous ways. * Court movement is minimal. Ball is only struck by player if it goes directly to them. * Player is passive during game play. | * Some competency when controlling/passing the ball upon returning serve on occasions – however, often unbalanced, bent, swinging arms * Some competency in passing to setter with appropriate trajectory and accuracy, on occasions. * Some competence when attempting to block with appropriate technique on occasions. * Rarely receives attacks with any control to keep team ‘in rally’. * Some competence in covering the court by occupying space. Does not adjust position in response to opposition. | * Some competence reading plays but purely reactive (i.e. only if ball comes directly at player) * Some competence at implementing an attacking formation when appropriate but requires significant instruction from teammates. * Some competence controlling the ball on occasions but consistently lacks power and/or finesse. * Fitness is indifferent and skill level deteriorates significantly as fatigue is increasingly evident. * Occasionally identifies weaknesses in opposition. | * Some competence in adapting to a defensive formation when prompted. * Some competence in responding only to opposition offensive strategies. Player simply performs a defensive role of covering minimal positional space. * Some competence in communicating defensive strategies/formations with teammates on occasions * On occasions, some basic competency in keeping the ball in play off forceful opposition serves and attacking plays | * Occasionally demonstrates initiative and self-reliance in practical activities * Follows through some set tasks at times but is easily distracted and can affect the performance of others * Participates at times in warm up activities * Follows leadership of others during practice activities and game scenarios * Follows tactics initiated by others with some effectiveness * Occasionally identifies weaknesses in opposition with limited success in exploiting the identified area | * Some appropriate and positive interactions with peers with regular guidance * Works collaboratively with others occasionally * Occasionally demonstrates respect for officials and an understanding of rules, with need for guidance required frequently * Contributes to the development of positive morale and team spirit occasionally * Displays of perseverance and determination are limited, affecting overall skill performance * Maintains concentration and effort during lessons occasionally, with loss of focus affecting skill development |
| **E** | * Limited ability to serve, pass, set and spike * Limited awareness of positional play * Limited involvement in game play, court formations and strategies | * Limited defensive skills * Limited defensive decision making, resulting in consistently out of position and/or exposed * Limited court movement | * Limited control of the ball * Limited involvement in team attacking formations and offensive plays * Limited ability to read the play * Limited fitness and concentration | * Limited communication with teammates * Limited contribution to defensive strategies and formations * Unable to adapt to a defensive formation when prompted. * Limited ability to keep the ball ‘alive’ during rallies and off a serve | * Limited leadership demonstrated and limited recognition of weaknesses in opposition * Limited participation in most activities * Limited initiative during activities | * Limited perseverance and determination in all activities * Limited engagement in team morale and spirit * Limited concentration |