Subject blueprint | version: 3.1 | date: 4/9/25   **SUBJECT: Health and Wellbeing**

What is a subject blueprint?

The subject blueprint is a conceptual plan to bring the key drivers to life. It helps to communicate the future subject impact and ideas for Leaning Design, Assessment Types and content that will make an impact.

FROM current subject	TO future of the subject	THROUGH
Learning organised into discrete, focused topics	Learners develop and apply systems thinking, integrating diverse interdisciplinary perspectives, to make meaningful connections that inform decisions across individual, community, and global health and wellbeing contexts	Designing a conceptual thematic framework that integrates diverse interdisciplinary perspectives to connect and guide learning
Overlap between Stage 1 and Stage 2 with limited differentiation	Learners have clear, differentiated pathways with defined entry and exit points, and flexible transition into Stage 2, leading to measurable learning outcomes and social impact	Clearly structured stages: Stage 1 focuses on foundations of identity, systems, and wellbeing; Stage 2 emphasises interdisciplinary inquiry and Social Impact Projects that demonstrate real-world learning and outcomes
Reflection is episodic and inconsistent	Learners develop as lifelong, critically reflective ethical thinkers aware of how identity, context, and assumptions shape decisions	Embedding ongoing structured reflective practices—such as journals, portfolios, peer dialogue, and feedback cycles—to deepen self-awareness and critical thinking
Wellbeing is often disconnected from environmental and social systems equity	Learners critically engage with the systems and policies — local, national, and global — that shape health equity and access	Integrating systems thinking, sustainability inquiry, and futures approaches like storytelling and scenario planning to explore climate equity and environmental justice
Wellbeing understood as resilience and recovery from adversity	Learners develop adaptability as a dynamic capability to flourish personally, in communities, and globally, confidently navigating unpredictability with creativity	Engaging in storytelling, case studies, futures inquiry, and scenario planning to build insight, critical thinking, and skills for navigating complex, interconnected challenges
A focus on health and wellbeing through individual and social determinants	Learners develop as justice-oriented, regenerative thinkers who understand and act on the connections between personal, community, and planetary wellbeing	Interdisciplinary inquiry and systems thinking, drawing on economics, geopolitics, and digital innovation
Tools are accessed for research and assignment completion, often without critical evaluation or integration into ethical, inquiry-based understanding of health and wellbeing	Learners cultivate multiliteracies, empowered to use AI and digital health technologies as collaborative tools to personalise inquiry, deepen their understanding of health determinants, and ethically advocate for equitable wellbeing in their communities	Inquiry-driven, transdisciplinary and experiential learning experiences integrate AI powered data analytics, predictive forecasting, and decision-making scenarios; decisions are informed by data and driven by evidence and critical thinking
Emphasis on assessment of knowledge and understanding is disconnected from practical application	Learners deepen their knowledge through critical analysis, develop practical skills through real-world applied learning, and grow as thoughtful, engaged individuals who connect learning to their identity and community	Designing learning and assessment that integrates conceptual inquiry with applied learning, such as Social Impact Projects, scenario planning, experiential learning, and community-based action

NB: as Subject Renewal Groups (SRGs) progress through the Subject Renewal process, plans and documents will be further refined and updated.

Deep Authentic Learning

Student Agency

Natural Evidence of Learning

Metacognition

Capabilities

Government of South Australia

South Australian Certificate of Education