**Stage 2 Physical Education**

**Injury Management for Assessment Type 2: Improvement Analysis**

A student who is injured while undertaking the Assessment Type 2 task does not need to start Assessment Type 2 again. The collection of evidence for the portfolio continues, with the injury providing the *new point of reference* for improvement, and the implementation and evaluation of strategies.

The information below provides support for the injured student, enabling them to plan their way forward in the AT2 task with the injury being the new point of reference for improvement.

**What to do when an injury disrupts your improvement during
Assessment Type 2: Improvement Analysis**

Use research and consultation with your medical professionals to respond to the following as part of your portfolio (reference accordingly):

1. Identify what the injury is and what caused it (e.g. was it related to training you were undertaking)?
2. Reflect on the impact that it will have on:
	* your ability to continue training for your improvement
	* the likely improvement you will likely achieve as a result of your injury
3. Re-assess your goals for AT2 – this may include either:
	* modifying the goals you set at the beginning – if you can still undertake some modified training

OR

* + setting new goals focused on your injury rehabilitation.
1. Modifying your training program and planned sessions accordingly – this may include modified sessions or new rehabilitation sessions.

Continue with the cycle of improvement toward achieving your new goals through:

* Implementation of your updated training plans and strategies
* Using evidence to reflect on and evaluate your improvement
* Evaluating the effectiveness of the strategies you are implementing
* Continuing to modify and refine your strategies, based on your reflection and consultation with your medical professionals.