My Green Footprint!

|  |  |
| --- | --- |
| Water | Please circle…. |
| I turn off the tap when I’m brushing my teeth. | Rarely2 | Sometimes1 | Always0 |
| I am usually in the shower for.... |  10 Minutes2 | 5 Minutes1 | ≤ 3 Minutes0 |
| I use a bucket in the shower/bath to catch excess water to use on the garden. | Rarely2 | Sometimes1 | Always0 |
| I only half fill the kitchen sink when washing dishes  | Rarely2 | Sometimes1 | Always0 |
|  | Total =  |
| Waste |  |
| I put my breakfast, recess and lunch scraps in compost or green bins. | Rarely2 | Sometimes1 | Always0 |
| Any items I have that can be recycled I put into recycling bins. | Rarely2 | Sometimes1 | Always0 |
| I ask my mum/dad/caregiver to buy food with little or no packaging for my lunch and recess e.g. Nude food.  | Rarely2 | Sometimes1 | Always0 |
| I try to re-use broken or old items for other purposes,rather than buy new things, wherever I can. | Rarely2 | Sometimes1 | Always0 |
|  | Total = |
| Energy |  |
| I turn off my electric appliances (TV, Mp3 player, phone charger, laptop etc.) at the power point after I use them. | Rarely2 | Sometimes1 | Always0 |
| I switch off the lights when leaving a room. | Rarely2 | Sometimes1 | Always0 |
| I try to use only one electronic device at a time instead of having multiple appliances on (e.g. talking on a mobile, using a tablet to check social media, and having the TV on in the background).  | Rarely2 | Sometimes1 | Always0 |
| I walk, ride, carpool or use public transport to travel to school, after-school & weekend activities (e.g. sports practice, visiting a friend, going to the shops etc.). | Rarely2 | Sometimes1 | Always0 |
|  | Total =  |
| Consuming  |  |
| I ask my parents to buy things that I need, rather than things I want. | Rarely2 | Sometimes1 | Always0 |
| All of my old clothes and unwanted items are handed down to family members and/or given to charity. | Rarely2 | Sometimes1 | Always0 |
| I avoid throwing out items just because they are no longer in fashion. | Rarely2 | Sometimes1 | Always0 |
| I ask my mum/dad/caregiver to only buy locally made or grown items, or items supporting socially and environmentally responsible organisations.  | Rarely2 | Sometimes1 | Always0 |
|  | Total =  |

Mapping My Green Footprint



Where Can I Improve my Behaviour and Actions?

|  |  |
| --- | --- |
| What are the areasI can improve in? | What are some actions/behaviours I can adopt to improve in these areas? |
|  |  |